

The Podcast – Patricia

Listen to the interview with Patricia.

1 Put the following sentences in the order that you hear them.

- What Patricia wanted to be when she was younger.
- Taking a nap (= a short period of sleep often taken during the day).
- The reason Patricia is now living in the UK.
- Time off work.
- Patricia's working hours.
- The way the British work.

Listen again and complete the following.

2 Circle the correct information.

- 1 Patricia first visited England in *1998 / 1988*.
- 2 Patricia was a *teacher / student / editor* during her first visit to Great Britain.
- 3 Patricia has lived in the UK for a total of *two / three and a half / five and a half* years.

3 Decide if the following are true (T) or false (F).

- 1 Patricia's husband is Irish.
- 2 She works as an editor for a magazine company.
- 3 Her father works in a shop in Brazil.

4 Answer the following questions.

- 1 Why does Patricia's father often take a nap during his working day?
- 2 What does Patricia say about the British and their attitude to naps?
- 3 How many days offs can Patricia take in her current job?
- 4 How does the way people work in Britain differ from that in Brazil?

Discuss in pairs

- 5** The working day in the UK is typically from nine to five with a one-hour lunch break. In Brazil it is from eight to six with a break of two hours at lunch. Which model do you prefer and why? Discuss the advantages and disadvantages of both.

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Teacher's Notes

1

Correct order: 6, 3, 1, 4, 2, 5

2

- 1 1998
- 2 student
- 3 five and half years

3

- 1 false – British
- 2 false – a book company
- 3 true

4

- 1 The doctor says it's healthy and really good for him.
- 2 The British don't really sleep during the day. It's not a habit.
- 3 22 days
- 4 It's more structured in Britain. The British are more organised. The Brazilians are more spontaneous.

5

- Ask students to discuss the subject of working hours and get them to decide which way they would prefer to work. You could further the discussion with some extra questions such as:
- a Should companies provide the facilities which would allow their employees to take a nap in the workplace?
 - b What do you think about a typical five-day working week? Should it be longer/shorter?
 - c What do you know about flexible working?